



Lyn Barrett, Author and Survivor, Discusses Living with Dissociative Identity Disorder

March 30, 2021 Lancaster, PA

Lyn Barrett, author, survivor, retired elementary school teacher and principal, and pastor, will discuss her experience of living with Dissociative Identity Disorder (DID), formerly known as Multiple Personality Disorder, in a virtual Zoom interview on Tuesday, April 20, at 6:30 pm. She will be interviewed by Linda Crockett, Director of Safe Communities, an organization based in Lancaster, PA dedicated to supporting adult survivors of child sexual abuse, as well as ending child sexual abuse. The event is a segment of the “Survivor Voices” series launched by Safe Communities as part of its effort to educate the public about how this issue impacts individuals and communities.

Barrett’s story helps to illuminate the severe impact of early childhood trauma on adult life even when a cognitive picture of events remains elusive. Rather, her body, symptoms, and multiple parts of her personality created in response to the trauma tell the story in her forthcoming memoir, *Crazy: In Search of a Narrative*. Her new eBook, *Unpacking DID: A Parable*, is currently available for free on her website (www.lynbarrett.com). She leads writers’ workshops for people with dissociative disorders, retreats, and advocates for people with DID through speaking engagements to educate the public.

Barrett graduated from Lancaster Theological Seminary in 2004 and served at St. Luke’s UCC in Lititz, PA and First Congregational Church in Woodbury, CT.

Interested persons must register at www.safecommunitiespa.org. Registrants will receive a Zoom link to the event. A recording will be available after the event for a limited time to registrants only.

There is no cost to register for the event, but a donation to Safe Communities to support their work to prevent child sexual abuse, is encouraged.

To learn more:

Press Release Contact:

Andrea E. Stoner Leaman, Program Manager, Safe Communities, 313 W. Liberty St., Suite 242, Lancaster PA 17603 andrea@safecommunitiespa.org Office: 717-560-9989

Safe Communities: www.safecommunitiespa.org

Visuals:

Photo of Lyn Barrett

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