



Victoria Gehman, Author and Survivor, and former Child Welfare worker, to speak about leaving her job to save her own life in a Virtual Interview April 26

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Victoria Gehman, a passionate advocate for justice and healing, will discuss how her experience as a Child Welfare worker revealed the brokenness of a system charged with protecting children, and how the unsustainable pressure can plummet case workers into despair that no amount of self-care practice can ameliorate. This virtual event will be held on Tuesday, April 26 at 6:30 PM EDT on Survivor Voices, a Zoom interview series hosted by Safe Communities, a nonprofit organization that specializes in sexual abuse prevention and healing for survivors.

Gehman, is also the author of “Slow your Pace, Hope a Little Longer”. “Slow your Pace”, is an anthology of poems written after she left her job to save her own life. It is a beacon of hope to all who struggle with depression, pain, and hopelessness, at times within work, school or sports cultures that demand more than is humanly possible. **“Written in the middle of the woods, in bed curled up in a blanket, over a cup of coffee, in a doctor's office waiting room, written through tears, through pain, through joy, scribbled on a napkin, or typed on a laptop – each poem has a story.”** says Victoria.

This book holds a compilation of poems, chosen with the purpose of connecting and sharing hope with others, while simultaneously showing that it is okay to sit with the darkness, the pain, and the questions. It is important to voice one’s honest thoughts, sharing them with others who may be feeling the same way, yet too afraid to speak it aloud.

Linda Crockett, Director of Safe Communities, and a survivor of sexual abuse, will interview Gehman.

Victoria Gehman has her Bachelor of Social Work, and a minor in Criminal Justice. Like many survivors of child sexual abuse, she struggles with chronic pain and trauma-related mental health issues.

Interested persons must register at www.safecommunitiespa.org. Registrants will receive a Zoom link to the live event. A recording will be available after the event for a limited time to registrants only.

There is no cost to register for the event, but a donation to Safe Communities to support their work to prevent child sexual abuse and support survivors, is encouraged.

To learn more:

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Visual:

Photo of Victoria Gehman

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