



‘Journey with Tamar’ Retreat for Adult Survivors of Sexual Abuse Saturday, February 6

For immediate release: January 19, 2021

Safe Communities, a Lancaster, PA organization dedicated to ending child sexual abuse, will hold a retreat for adult survivors of child sexual abuse on Saturday, February 6 from 8:30 AM to 3:30 PM at Neffsville Mennonite Church, Lancaster PA. Survivors of domestic violence are also welcome.

Based on text from the Old Testament/Hebrew Bible on the story of Tamar, daughter of King David who was raped by her brother, survivors will explore a narrative approach to the issue of abuse that allows them to be grounded in the text and find their own voices. Tamar’s story will be the launching point from which we examine abuse of power, shaming and silencing of survivors, and the ripple effect sexual violence has on the family and broader community. The day will also include education about the impact of trauma, common symptoms, and tools for managing emotions. Self-disclosure of abuse specifics will be kept to a minimum to create a safe environment.

The retreat will be facilitated by Andrea Stoner Leaman, MSW, Program Manager, Safe Communities, and Linda Crockett, Director of Safe Communities. Due to COVID-19 precautions, the retreat will be held in a large meeting hall. All participants must wear a face covering at all times and maintain social distance.

Attendance is limited to 20 persons.

Registration is required by Sunday, January 31. There is no cost for this retreat due to funding from the LMC Legacy Foundation. Breakfast and lunch are provided.

For more information and to register, visit www.safecommunitiespa.org or call 717-560-9989. Additional information about future retreats, virtual Circle of Hope psycho-educational support groups, workshops and other programs offered by Safe Communities are also available there.

Press Release Contact:

Andrea E. Stoner Leaman, Program Manager, Safe Communities, 313 W. Liberty St., Suite 242, Lancaster PA 17603 andrea@safecommunitiespa.org Office: 717-560-9989

www.safecommunitiespa.org

Safe Communities (Lancaster, PA) operates under the fiscal sponsorship of the non-profit Humanitarian Social Innovations, based in Bethlehem, PA.