



Cathy Collyer, Author and Survivor, to Speak on Helping Trauma Survivors Navigate Medical and Dental Appointments in Virtual Interview September 21

For immediate release: September 9, 2021

Cathy Collyer, an occupational therapist, will speak about her own experiences while receiving medical and dental care as a survivor and describe some of the most common treatment challenges for adult survivors of trauma, such as pelvic and prostate exams, ER visits, and hospitalizations. This virtual event will be held on Tuesday, September 21 at 6:30 PM EDT on Survivor Voices, a Zoom interview series hosted by Safe Communities, a nonprofit organization that specializes in sexual abuse prevention and healing for survivors.

Collyer will also discuss the needs of both treatment providers and trauma survivors to navigate the process. Just knowing how trauma affects treatment isn't enough. Collyer will share insights from her book "Staying In The Room: Managing Medical and Dental Care When You Have DID" which provides trauma survivors with a wide range of tools to use in any medical or dental appointment, effective methods that they can use from the minute they decide to make an appointment until they return home to ensure the process goes as smoothly as possible; how to speak with healthcare providers to get results; and tips to manage everyday health to avoid preventable crises. While written directly for survivors, the book educates therapists and healthcare providers, giving them specific examination and treatment adaptations that allow them to perform care without sacrificing skill or efficiency.

Linda Crockett, Director of Safe Communities and a survivor of sexual abuse, will interview Collyer.

Cathy Collyer, OTR, LMT, CAPS is an occupational therapist in private practice in the NY metropolitan area. Cathy has treated adults and children in a variety of settings, including hospitals and outpatient clinics. One of her clinical interests is treating clients with a history of trauma. She uses sensory-based treatments, including therapeutic listening programs and the Astronaut Protocol. Cathy is also a licensed massage therapist. She has written and lectured on DID, sensory processing treatment, massage, and pediatric behavioral issues.

Interested persons must register at www.safecommunitiespa.org. Registrants will receive a Zoom link to the live event. A recording will be available after the event for a limited time to registrants only.

There is no cost to register for the event, but a donation to Safe Communities to support their work to prevent child sexual abuse and support survivors, is encouraged.

To learn more:

Press Release Contact:

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Visual:

Photo of Cathy Collyer

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