



PRESS RELEASE

Safe Communities – Fall 2021 Upcoming events

For immediate release: August 17, 2021

Safe Communities, a Lancaster organization dedicated to preventing child sexual abuse and supporting adult survivors, has a variety of programs to offer survivors and the community this fall. **A Men's Group for Survivors of Child Sexual Abuse** will run 4 virtual sessions on Zoom for education and connection, Wednesdays, September 8, 15, 22 & 29 from 6:30 to 8 pm. **Survivor Voices**, an interview with Cathy Collyer, author of *Staying in the Room*, provides trauma survivors with tools to face any medical or dental appointment, and educates therapists and healthcare providers. It will take place via Zoom on Tuesday, September 21 from 6:30 to 8 pm. **Journey with Tamar: A Retreat for Adult Survivors of Child Sexual Abuse**, a day of reflection, connection and education, will take place in the Manheim, PA area on Saturday, October 9 from 9 am – 4 pm. **Thriving My Way: A Wellness Workshop Series**, will run 3 virtual sessions on Zoom, Wednesdays, October 6, 13, & 20 from 6:30 to 8 pm for a set fee. **Circle of Hope**, for adult survivors of child sexual abuse, will run 4 virtual sessions on Zoom, Tuesdays, October 19 - November 9 from 6:30 to 8 pm. All programs are free of charge (except for the Thriving My Way series) and require registration at www.SafeCommunitiesPA.org or at (717) 560-9989. In addition, churches and organizations are encouraged to invite Safe Communities to present **grant-funded prevention programs** available through the fall. These include an interview with a survivor and the pastor during worship, a workshop of Walking with Survivors and prevention workshops for youth and adults. Please visit our website, or contact us by email: info@safecommunitiespa.org or phone: 717-560-9989 for more information.

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