

Rules for safe touch

What is safe touch?

The **red** spots are private.
No one should touch you there.

If someone touches you there,
it is not safe touch.



No one should ever:

- ✗ Touch or ask to look at **YOUR** red spots.
- ✗ Ask you to touch or look at **THEIR** red spots.
- ✗ Show you a picture of **ANYONE'S** red spots.
- ✗ Ask you to play a secret game about touching or looking at red spots.
- ✗ Ask you to promise not to tell about anything to do with red spots.

Tell an older person you trust if:

- Any of the things above happen.
- You feel worried, scared or not sure about someone breaking the rules.

**If they do not help you and keep you safe,
find another older person.**

Ask them to call ChildLine for you at 1-800-932-0313.



YOUR body is YOUR body and it belongs to YOU. You are the BOSS of your body. When you say NO, that means NO!

What is child sexual abuse?

Any sexual activity between a child and an older person, or someone near the same age who is in a position of power over the child.

Abuse thrives in secrecy, shame and silence. It causes health and emotional problems that can last into adult life.

Why do many children not tell about the abuse?

Many children don't tell because they worry they will be blamed or punished. However, sexual abuse is **NEVER** the fault of the child.

How caring adults can help:

- Learn to spot the signs of sexual abuse, listen to children and protect them from abuse. Children rely on adults for safety and support.
- Know if you or others are "mandatory reporters." These are people who must follow legal rules to report child abuse or they can be prosecuted. This includes teachers and pastors.
- Call ChildLine to report suspected abuse. If you are not a mandatory reporter, you **do not** need to give your name.



To report suspected abuse:

Call PA ChildLine at 1-800-932-0313

This information is provided by the Lancaster County Plain Communities Task Force

For additional cards, call Penn Medicine Lancaster General Health Community Health & Wellness at 717-544-3811.